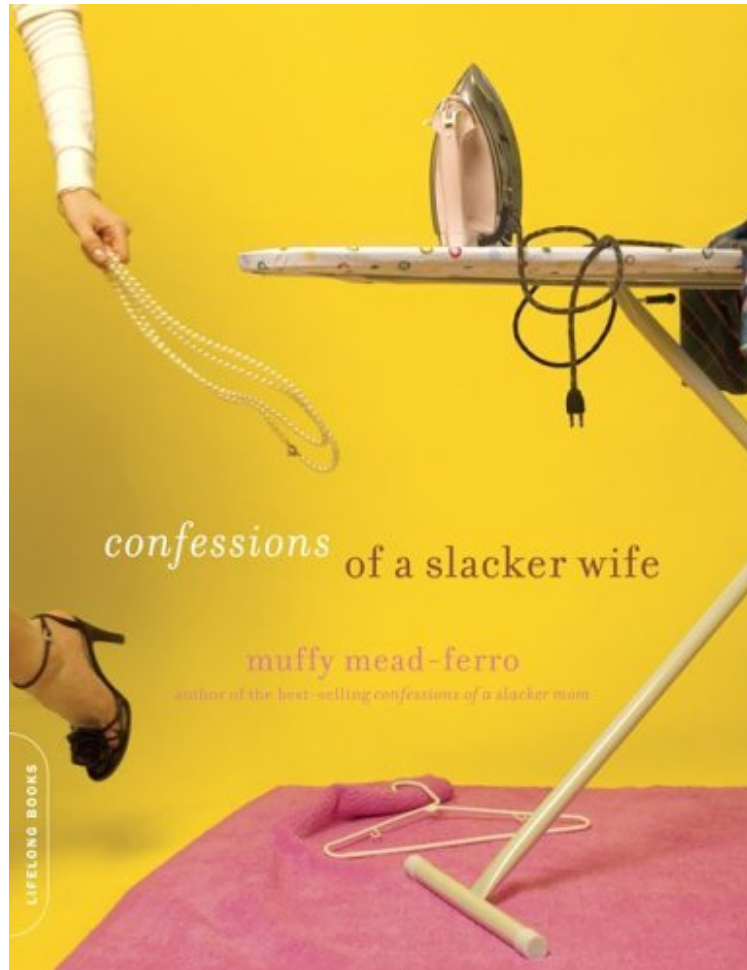


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## Confessions of a Slacker Wife

*Muffy Mead-ferro*

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**Muffy Mead-ferro : Confessions of a Slacker Wife** before purchasing it in order to gage whether or not it would be worth my time, and all praised Confessions of a Slacker Wife:

0 of 0 people found the following review helpful. I liked "Confessions of a Slacker MOM" betterBy M. AsherMaybe I liked Confessions of a Slacker Mom better because I read this one second or because I couldn't connect as well with the author's perspective. Either way, you should read "Confessions of a Slacker Mom", it is funny, insightful and very relatable.13 of 21 people found the following review helpful. Why all the hype?By C. LippenholzI am sorely disappointed in this book. I LOVE to read all types and genres of books, and was extremely excited to receive this due to all the glowing reviews. I took it with me on a mini-vacation expecting a quick, witty, relevant read. After 5 chapters, I finally put it down because I simply couldn't take any more. To me it seems like the author is simply trying to make excuses as to why she doesn't do this or that (i.e. clean her house or kids, cook, etc.) Do yourself a favor... borrow this from the library before spending your hard earned money. If you like it enough, then buy it. This is one

book that will not make it into my collection! 17 of 18 people found the following review helpful. Maybe You Have To Be There To Appreciate SLACKER WIFE By Sherri Caldwell - The Rebel Housewife(tm) I came across CONFESSIONS OF A SLACKER WIFE in May, after reading a glowing review in USA Today (green with envy, of course). All unattractive fits of author-jealousy aside, I LOVE this book, and I am in full agreement with the basic tenets of the Slacker Wife. My favorites include: 1) Observations of The Visibility Factor in the 'natural' division of labor between men and women: He hangs a light fixture, "and it's up there for everyone to see" and comment upon favorably: "That sort of recognition is kind of a nice payoff for the person who hung the light fixture. Or planted the tree. Or built the fence. Or installed the new stereo. It would tend to make that person feel like they were valued and appreciated. That, I can only imagine, must be nice." But who's there to say how well my husband's clean underwear were folded?" (Or groceries re-supplied. Or everybody's clutter picked up. Or kitchen cleaned. Etc.) 2) The influence of advertising (from someone in the profession, as an advertising copywriter) on raising standards of cleanliness, organization and décor in our homes, and entertaining, among other things, to impossible standards, by which we have all been conned into judging ourselves--and we wonder why we come up lacking, and frazzled, every single time? Martha Stewart and women's magazines, that's why! Muffy writes: "It seems like when it comes to all of these 'women's' endeavors such as cooking, entertaining, and decorating, we're now supposed to adhere to performance standards that could only be achieved by outright professionals. So I shouldn't make an example of Martha Stewart, because making perfect pies from scratch, or more accurately, supervising a staff of people who make perfect pies from scratch, actually is her profession. The only thing I never liked about her is that she acts like I should do it too. The same way." 3) And what's really important: How to raise happy, healthy, well-adjusted kids (common sense and DON'T DO EVERYTHING FOR THEM); How to slow down and enjoy life ("free time needs to be a higher priority"); and, last but not least, Ladies: "...maybe now that we've managed to such a great extent to liberate ourselves from men, we need to liberate ourselves from ourselves..." and slack off a bit. Excellent advice--and fun reading. Enjoy!

"I often thought to myself, 'If I really want to compete with these guys, I need a wife,'" begins Muffy Mead-Ferro in this ode to the women everywhere who are trying to take care of husbands, children, houses, jobs, bosses, clients, customers—and, oh yes, themselves! In lieu of that much-needed wife of her own, Mead-Ferro finds solace, sanity, and even success by embracing her famous tendency toward slackerdom. Full of personal anecdotes and real-wife wisdom, her latest Confessions offers precious comic relief and an invitation for wives everywhere to join the ranks! A slacker wife has the wisdom to accept the following: that a little dirt on her kitchen floor doesn't hurt anyone, that wrinkles on her husband's shirt and on her face are perfectly natural and not worth worrying about, that party guests can be just as happy with a bowl of chips as an elaborate salmon mousse, and that over-scheduled equals under-happy. Above all, a slacker wife lets herself have fun being a wife. She has girls' weekends, orders take-out, and takes leisurely walks. And as a result, she, her husband, and her family are happier and healthier—even with a dirty kitchen floor and a wrinkled shirt.

From Publishers Weekly Being a slacker wife isn't all fun and games. For one thing, she still has to do the grocery shopping, buy the birthday presents and coordinate the family's schedule. But she does get to ignore dirt on the floor, focus on her career and enjoy a girls-only weekend from time to time. Mead-Ferro charmed readers with her Confessions of a Slacker Mom last year, and she's just as terrific in this follow-up as she dispenses comforting advice while still being one of the girls. She adroitly addresses many of the issues confronting modern wives today, from the "thankless if not completely invisible chores... on my list simply because I am the wife," to the covers of certain women's magazines at the checkout line, which "make forty-four-year-old women like myself want to hang ourselves from the rafters with a thong." Mead-Ferro's witty remarks and her book's lighthearted title belie her seriousness as she speaks of the importance of letting go of society's unending pressure to maintain the immaculate lifestyle and letting yourself—and your kids—get dirty and enjoy life. Mead-Ferro's book is a refreshing complement to the hundreds of titles out there that explain how to do it all perfectly. (Apr. 15) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "Clearly, Mead-Ferro's books have hit a nerve with American women." -- Salt Lake Tribune 6/6/05 "If you're looking for a justification to kick back... Mead-Ferro's sure to give you all the reassurance you need." -- Salt Lake City Magazine August, 2005 "It's sure to have tongues wagging on the real-life Wisteria Lanes." -- USA Today 5/4/05 "Mead-Ferro's indictment is humorous and encouraging." -- Boston Globe 7/10/05 "Mead-Ferro's prose is light... she's a deft storyteller." -- Ruminator June/July 2005 "Witty and well written and serves as the perfect companion to the dozens of volumes dedicated to achieving domestic perfection." -- The Weekly Standard 7/4/05 "Written with humor and honesty, this work deserves a place in most women's studies collections." -- Library Journal 5/1/05 "[A] refreshing take on the role of the superwife." -- Oxygen Magazine July 2005 "[Mead-Ferro's] no-nonsense way of life encourages... A+" -- On-the-Town, September 2005 "[Mead-Ferro] tells it in a friendly, girlfriend-to-girlfriend way." -- Dallas Morning News 8/21/05 About the Author Muffy Mead-Ferro was born into a fourth generation cattle ranching family that has been raising Herefords in Jackson Hole, Wyoming, since the turn of the century. She traded her tractor for a typewriter and has been an advertising copywriter and creative

director ever since. She and her husband Michael, along with kids Belle and Joe, live in Salt Lake City, Utah.