

Cooking With Lard

David Boyd, Mike Smith, Mike Steed

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David Boyd, Mike Smith, Mike Steed : Cooking With Lard before purchasing it in order to gage whether or not it would be worth my time, and all praised Cooking With Lard:

4 of 4 people found the following review helpful. Lard is the New BlackBy J. P.Now that evidence is emerging that lard, and other saturated fats, are not the life shorteners they were claimed to be I think this book should be reprinted. It's fun to read. And the recipes have to be healthier than those containing a bunch of oxidized oils (grape seed, canola, soy, etc.).Thanks for fun read gentlemen!3 of 3 people found the following review helpful. Five StarsBy fred whittemoreOne more funny and factual book Real delicious recipes0 of 0 people found the following review helpful. I am sure there are better out thereBy kathyI thought I would like this cookbook a bit more but it is a bit lacking. You most likely can find better out there for this type of cooking.

Cooking with Lard is the perfect antidote to health-wise cookbooks now cluttering the shelves of booksellers everywhere. Filled with more than 75 tested recipes, informative commentary, and hilarious illustrations, this book will be strongly recommended by anyone who appreciates a good belly laugh . . . or just a good belly.