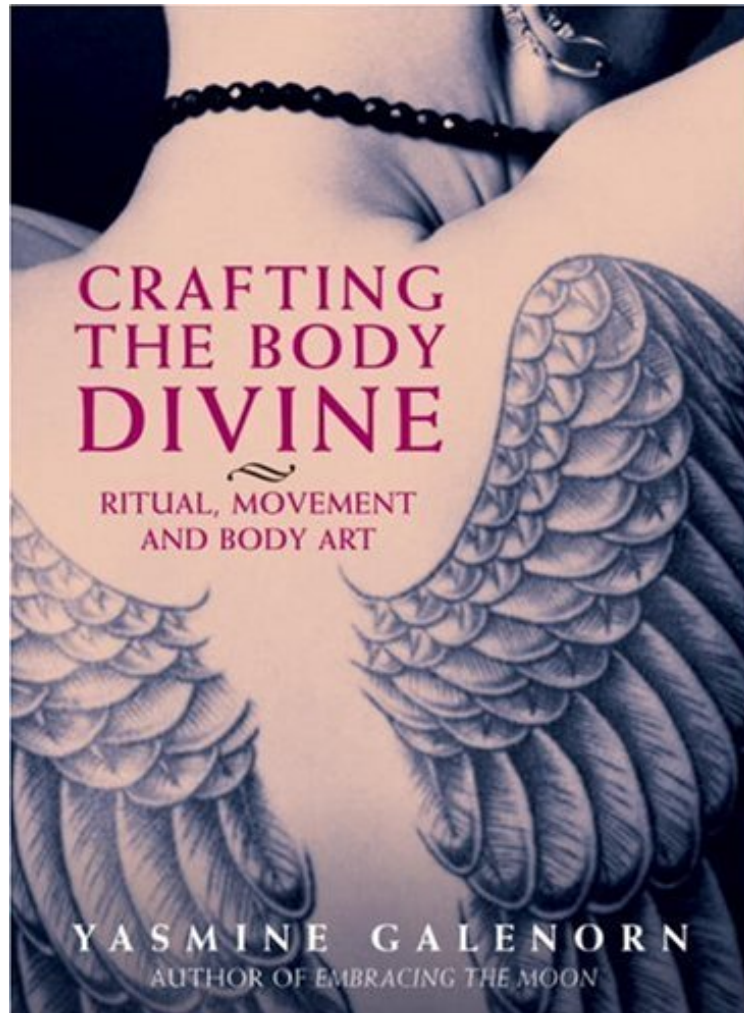


(Read download) Crafting the Body Divine: Ritual, Movement and Body Art

Crafting the Body Divine: Ritual, Movement and Body Art

Yasmine Galenorn

**Download PDF / ePub / DOC / audiobook / ebooks*



[Download](#)

[Read Online](#)

#2246170 in Books Crossing Press 2001-11-09 2001-11-01 Original language: English PDF # 1 8.00 x .64 x 6.001, .77 #File Name: 1580911048220 pages | File size: 63.Mb

Yasmine Galenorn : Crafting the Body Divine: Ritual, Movement and Body Art before purchasing it in order to gauge whether or not it would be worth my time, and all praised Crafting the Body Divine: Ritual, Movement and Body Art:

0 of 0 people found the following review helpful. Not sure
By Aric Sosiadar I am giving it three stars because I just couldn't get into it. Maybe I am not in that part of my learning to be able to concentrate on the information.
0 of 0 people found the following review helpful. Perfect book
By Summer mason ""0 of 0 people found the following review helpful. Five Stars
By Matthew Robertson excellent read

Yasmine Galenorn presents a nurturing guide for loving the body and allowing it to become a more expressive vehicle for the spirit within. Offering personal revelations as well as interviews, rituals, exercises, visualizations, spells, and

practical tips, she helps readers achieve balance in their physical and spiritual self-perceptions. Beginning with the author's insights on body image, self-esteem, and soul, CRAFTING THE BODY DIVINE presents health and beauty tips geared to radiating a positive self-image, and looks at how society defines beauty and how individuals can liberate themselves from the restrictions of such ideals. The second part of the book focuses on movement as ritual, and exercise as the experience of spiritual energy. Finally, Galenorn explores body modification, such as tattooing and piercing, as personal expressions of spirit.

About the Author New York Times and USA Today bestselling author Yasmine Galenorn writes urban fantasy for Berkley: both the bestselling Otherworld/Sisters of the Moon Series for Berkley and the bestselling Indigo Court urban fantasy series. In the past, she wrote mysteries for Berkley Prime Crime, and nonfiction metaphysical books. Her books have hit the New York Times and USA Today bestseller lists numerous times. Yasmine has been in the Craft for over 30 years, is a shamanic witch, and describes her life as a blend of teacups and tattoos. She lives in Kirkland WA with her husband Samwise and their cats.