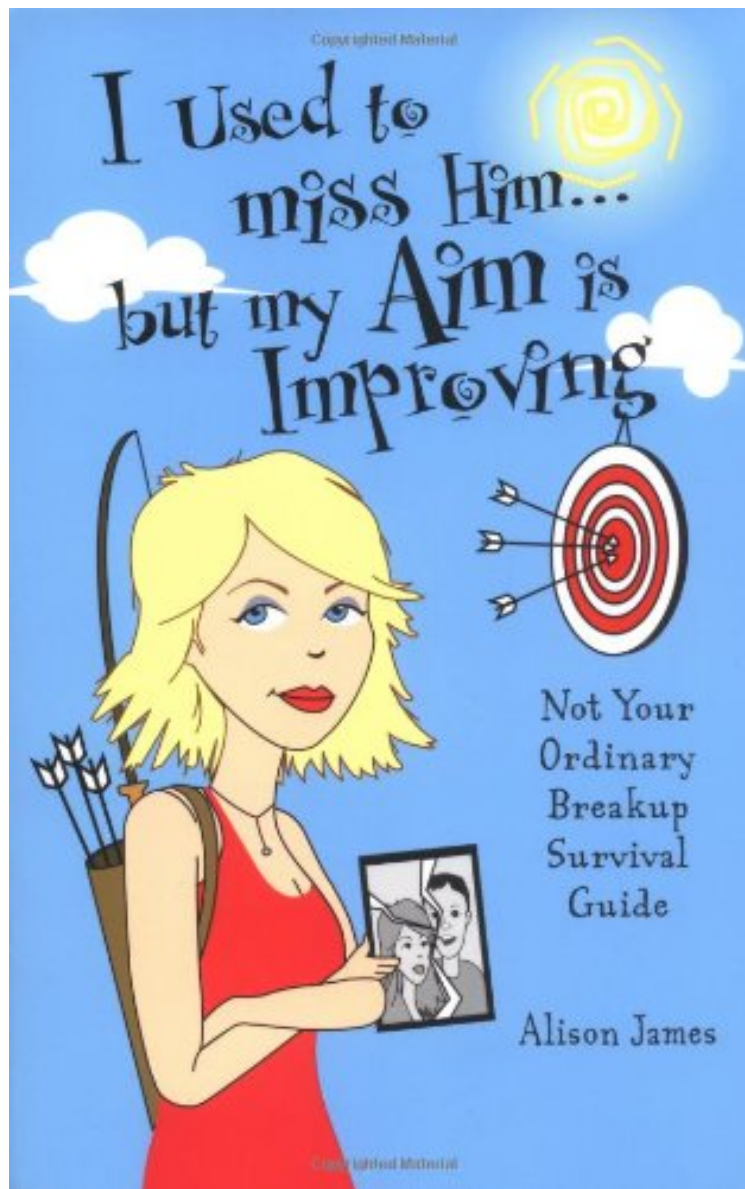


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I Used To Miss Him...But My Aim Is Improving: Not Your Ordinary Breakup Survival Guide

Alison James

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Alison James : I Used To Miss Him...But My Aim Is Improving: Not Your Ordinary Breakup Survival Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised I Used To Miss Him...But My Aim Is Improving: Not Your Ordinary Breakup Survival Guide:

0 of 0 people found the following review helpful. Fabulous book
By D.elizabeth
A friend recommended this book to me when I was heartbroken and sobbing after a rough breakup. Between the sound advice and hilarious witticisms, I was smiling before I finished Chapter 1. You just have to keep in mind that the author is not serious about her "revenge" suggestions...they are only intended to give you a laugh imagining the scenario. It makes you feel a lot better. :)
Definitely got a lot out of this book and I was able to get over the relationship in a healthy way. Definite keeper!
0 of 0 people found the following review helpful. Reccomend Reading ...
By LillyCoco
This book cheered me up when I was going through a break-up with my ex (still am actually) but it did make me feel better. It's like having a best girlfriend there to remind you that it's ok to hate him, even if it's in your mind, if it gets you out of that place (you know what I mean). It really stresses getting in touch with your best mates, even if you have abandoned them for the jerk, so you can remember who you are and why your worth isn't determined by whether he likes you or not. The only part I couldn't relate to, because it doesn't pertain to my situation, it the part about mates (friends), because I don't have any to lean on at the moment, I wonder why??? That Jerk!!!
0 of 0 people found the following review helpful. Great on my list
By Orland Deftis
Very empowering book had this one great on my list

Breaking up is hard to do - but sweet revenge can make all the difference! With ever-increasing numbers of single people out there dating, hearts get broken every day. But today's woman needs more than a book of sappy affirmations to get her back on her feet and feeling great. *I Used to Miss Him...* is full of smart tips, sarcastic stories and hilarious ways to heal after a breakup. This book provides the sort of genuine advice you'd get from your best friend, but with a "rip his head off" attitude. By supporting a girl's right to be angry with her ex, this fun guide helps her rebuild her strength and confidence after he's gone. Features edgy advice on how to:
Cash in on his lifelong guilt
Look sexy and feel fabulous (then run into him at a party)
Make an ex-boyfriend voodoo doll
Lose the guy, keep the jewelry
Advertise being single
Stalk responsibly to keep him on his toes
Maximize post-breakup pampering
I Used to Miss Him... is the ultimate breakup survival guide for today's woman!

"I really wish I wasn't dating her. I'm probably going to marry her just because I'm afraid of what might happen if I call it off."
About the Author
Allison James is a coffee shop therapist for New York City's most confident singletons. She is a renowned expert in the breakup field, with more than two decades of experience using the recovery plan she reveals in this book.