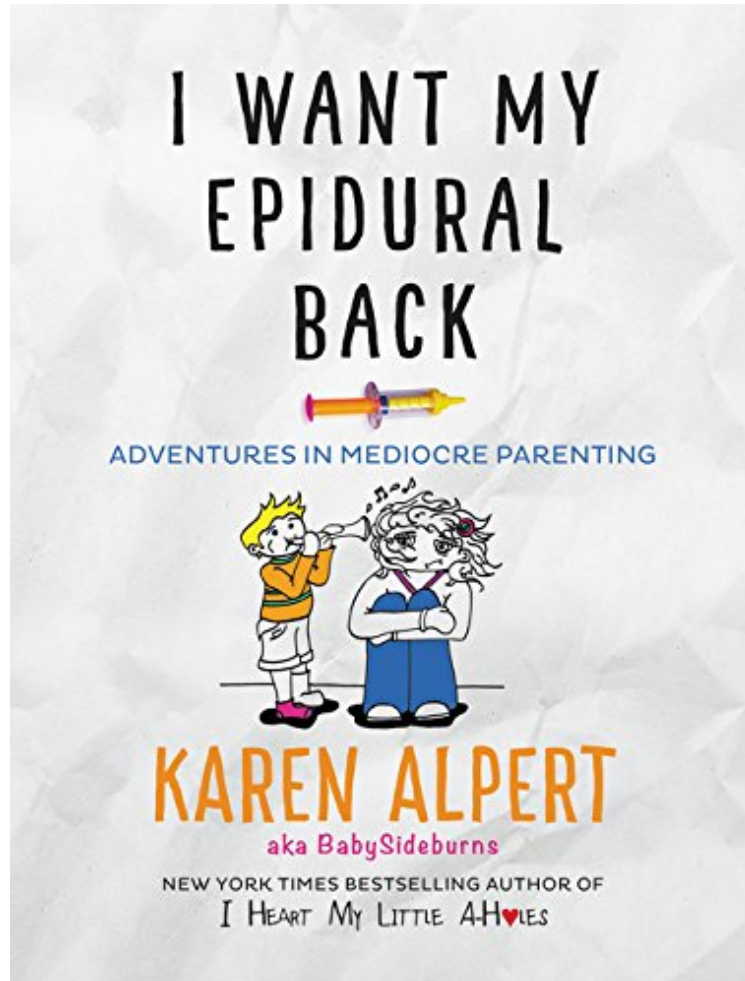


# I Want My Epidural Back: Adventures in Mediocre Parenting

Karen Alpert

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#190354 in Books Alpert Karen 2016-04-05 2016-04-05 Original language: English PDF # 1 7.13 x 1.05 x 5.50l, .0 #File Name: 0062427083320 pages I Want My Epidural Back Adventures in Mediocre Parenting | File size: 58.Mb

**Karen Alpert : I Want My Epidural Back: Adventures in Mediocre Parenting** before purchasing it in order to gage whether or not it would be worth my time, and all praised I Want My Epidural Back: Adventures in Mediocre Parenting:

20 of 21 people found the following review helpful. Just as good as her first. And that's saying something! By KellyMayyybe 4.5 stars, but I'm rounding up because this book showed me that Karen Alpert is not a one-hit wonder. In fact, if she writes anything else I plan on snapping it up and reading it. And the reassurance I got from her second book being just as good as her first made me round up the extra half a star. This book is hi-lar-i-ous (did I hyphenate that correctly?). I laughed out loud so often that it surprised me; one section made me laugh until tears were streaming down my face (the PBJ section, which my husband did not find \*nearly\* as amusing as I did). This author is brutally honest about parenting, and as a stay at home mom, I find it refreshing that someone writes so directly about the crap

(often literally) that we deal with day after day. There's something to be said about wanting to be the best parent possible while still maintaining your sanity, and too often people don't want to admit that that's a delicate balance. An excellent book. \*So\* funny. I don't buy as many books as I did before having kids (diapers are expensive, man!), but I don't regret preordering this one. Read it if you have kids, or buy it for a friend who does. Or read it and applaud/sympathize-with your friend with kids. 4 of 4 people found the following review helpful. I absolutely love this book!!! By Randy I absolutely love this book!!! It had me laughing non-stop!! This book definitely had a lot of new material that I had never seen. That was a huge plus, but I would have still laughed if I had read it before! (only say this for the trolls who said the first one had old material...ha!) I would recommend this book to everyone I know not only because she is hilarious, but sometimes it's good to know you aren't alone (not me though don't have kids). If you want a laugh, tired of your rugrats, or just want to feel like you aren't alone READ THIS BOOK! =) Even though I don't have kids, I can appreciate all the funny stories, and know that if I feel like I've made a mistake it's okay. Someone else has made that mistake too. It's nice to see someone who shoots straight, aka tells you how it is, and what to look forward to/dread when you become a parent. This makes a perfect gift for any mom! If you enjoy a little name calling and funny cursing, why haven't you bought it? You'll be laughing your socks off in no time! MM (secret spy) 5 of 5 people found the following review helpful. Another great book from Karen Alpert! By Lola Karen Alpert aka BabySideburns didn't disappoint. As a BabySideburns fan for years and a fan of her first book "I Heart My Little A-Holes" I was very excited to read this book. It is in true BabySideburns fashion, honest, real, raw and 100% relatable! She doesn't hold back and it's so refreshing for any mom to hear stories you can relate to and laugh out loud with. (Which you will do, unless you're the perfect parent with perfect children then you may find the book offensive) You feel as if you have an instant friend in Karen, she is the mom friend we all wish to be and have!!

Now that I'm a mom, I know the most painful part isn't getting something giant through your hooah. It's having a real live child. If you are the kind of mom who shapes your kiddo's organic quinoa into reproductions of the Mona Lisa, do not read this book. If you stayed up past midnight to create posters for your PTO presidential campaign, do not read this book. If you look down your nose at parents who have Domino's pizza on speed dial, do not read this book. But if you are the kind of parent who accidentally goes ballistic on your rugrats every morning because they won't put their shoes on and then you feel super guilty about it all day so you take them to McDonald's for a special treat but really it's because you opened up your freezer and panicked because you forgot to buy more frozen pizzas, then absolutely read this book. I Want My Epidural Back is a celebration of mediocre parents and how awesome they are and how their kids love them just as much as children with perfect parents. Karen Alpert's honest but hilarious observations, stories, quips and pictures will have you nodding your head and peeing in your pants. Or on the toilet if you're smart and read it there.

"[Alpert] doesn't miss a beat, and mothers will find this playful book reassuring and endlessly funny...[Alpert] delightfully chronicles life as a 'kickass mediocre parent.'" (-- Publishers Weekly) "Karen is the best mom friend we all wish we had - hilarious, refreshingly honest, and gutsy enough to say what we all wish we could!" (-- Elle Walker, What's Up Moms) From the Back Cover Now that I'm a mom, I know the most painful part isn't getting something giant through your hooah. It's having a real live child. If you're the kind of mom who shapes your kiddo's organic quinoa into reproductions of the Mona Lisa, do not read this book. If you stayed up past midnight to create posters for your PTO presidential campaign, do not read this book. If you look down your nose at parents who have Domino's Pizza on speed dial, do not read this book. But if you are the kind of parent who accidentally goes ballistic on your rugrats every morning because they won't put on their shoes and then you feel super guilty about it all day so you take them to McDonald's for a special treat but really it's because you opened your freezer and panicked because you forgot to buy more frozen pizzas, then absolutely read this book. I Want My Epidural Back is a celebration of mediocre parents and how awesome they are, and how their kids love them just as much as children with perfect parents do. Karen Alpert's honest but hilarious observations, stories, quips, and pictures will have you nodding your head and peeing in your pants. Or on the toilet, if you're smart and read it there. A CELEBRATION OF MEDIOCRE PARENTING "Alpert is honest, humbling, and crass in this irreverent account on parenting. She doesn't miss a beat, and mothers will find this playful book reassuring and endlessly funny." -- Publishers Weekly "Karen is the best mom friend we all wish we had—hilarious, refreshingly honest, and gutsy enough to say what we all wish we could!" -- Elle Walker, What's Up Moms My rugrats give me gifts that say "#1 Mom" on them and I'm like, bwhahahahaha, joke's on you, I'm more like the #1,297,279 Mom. But they truly think I'm the best mom on earth. And that's all that matters. About the Author Karen Alpert loves her family, chocolate and writing, in that order. So when she's not taking care of her kiddos or drinking Hershey's syrup straight from the bottle, she's probably working on her blog Baby Sideburns where she entertains hundreds of thousands of stressed out parents every day. She is a New York Times bestselling author and also an expert nagger who relentlessly badgers her husband until he finally breaks down and does what she wants.