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I Was a Really Good Mom Before I Had Kids: Reinventing Modern Motherhood

Trisha Ashworth, Amy Nobile

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#843717 in Books Chronicle Books 2007-04-19Original language:EnglishPDF # 1 9.38 x .76 x 6.50l, .93
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Trisha Ashworth, Amy Nobile : I Was a Really Good Mom Before I Had Kids: Reinventing Modern Motherhood before purchasing it in order to gage whether or not it would be worth my time, and all praised I Was a Really Good Mom Before I Had Kids: Reinventing Modern Motherhood:

7 of 7 people found the following review helpful. good for dads tooBy Peter DVery interesting and very witty take on how challenging motherhood (and fatherhood) can be. I thought it all rang very true.... especially about the the overblown and idealic expectations that we have for ourselves as parents and spouses. I thought the Dad chapter was

great. Loved the guy on the phone in the garage while the kid is crying. Men don't feel guilt like women do and that is very true. Of course, in this kind of "self help" book you have reflections on lots of obvious stuff which makes you say, hey I should write a book (I had the same feeling after reading Covey's 7 Habits of Effective People). Bottom line is that this is an entertaining (but still serious discussion on the modern family's challenges). The design layout (and the humor throughout) makes it an easy read. I blew through it in an evening. 0 of 0 people found the following review helpful. I was a really good mom before I had kids/ I'd trade my husband for a housekeeper. By R. Bean. I have recently become a stay at home mom for my very active 1 year old son. I thought that it was the only thing that would make me happy after I had him. When he was 9 months old, I ended my ten year career as a soldier. I have a master's degree, I spent a year at war in Iraq as a medical provider and I was feeling out of control and utterly alone as a stay at home mom. I doubted my decision to end my military career and I felt that I was wasting my knowledge as a medical provider. Then, another stay at home mom with a master's degree recommended this book to me, and it has changed my life. These books have made me feel ok for being me. It is like sitting down to have a conversation with a friend. Pure honesty. It is ok to want it all, but this book has helped me to realize that I can't have it all, all the time and that is ok too. It has helped me set boundaries, realistic expectations for myself, my husband and our marriage and our son. Now, look forward to each day in my life as a mom. This book is a MUST READ for all moms! 0 of 0 people found the following review helpful. Excellent read for all moms and to-be moms. By lana rukavina. Great book, full of a lot of brutally honest accounts of motherhood, as well as insight into how to be a great mom without feeling the crushing pressure to conform to societies' expectation and messages that mothers must be perfect at all times. I highly recommend this book.

"I don't know how she does it!" is an oft-heard refrain about mothers today. Funnily enough, most moms agree—they have no idea how they get it done, or whether they even want the job. Trisha Ashworth and Amy Nobile spoke to mothers of every stripe working, stay-at-home, part-time and found a surprisingly similar trend in their interviews. After enthusing about her lucky life for twenty minutes, a mother would then break down and admit that her child's first word was "Shrek." As one mom put it, "Am I happy? The word that describes me best is challenged." Fresh from the front lines of modern motherhood comes a book that uncovers the guilty secrets of moms today . . . in their own words. *I Was a Really Good Mom Before I Had Kids* diagnoses the craziness and offers real solutions, so that mothers can step out of the madness and learn to love motherhood as much as they love their kids.

About the Author Trisha Ashworth has produced advertising for American Express, PepsiCo, and Levi's. She lives in Northern California with her husband and three children. Amy Nobile has led public relations programs for Visa, FritoLay, and Webvan. She lives in Northern California with her husband and two children. The authors have been on Oprah, Today Show, 20/20, Rachel Ray, Early Show, Fox News and NPR.