

(Free and download) Instant Mom

Instant Mom

Nia Vardalos

*DOC | *audiobook | ebooks | Download PDF | ePub*



[Download](#)

[Read Online](#)

#403169 in Books Vardalos Nia 2014-05-06 2014-05-06 Original language: English PDF # 1 8.00 x .65 x 5.311, .45 #File Name: 0062231847288 pages Instant Mom | File size: 75.Mb

Nia Vardalos : Instant Mom before purchasing it in order to gauge whether or not it would be worth my time, and all praised Instant Mom:

1 of 1 people found the following review helpful. You Gotta Read This One By Goat Lovin' Mama I read this book because Nia Vardalos always comes across as being honest. :) My suspicions were true, and she was very open and honest in this book. She walked the tightrope that adoptive parents walk of what to tell or not to tell regarding our children's histories with dignity and respect. Ok, suggesting they might name her "Cujo" was borderline, but then, you have to understand the humor behind that one. I found this book to be a real honest portrayal not only of the journey

through infertility, but also the beginning days of bringing a little one home. It was heartfelt, sad, joyous and all the emotions in between watching or reading about Nia and Ian, accepting and loving their new daughter unconditionally, no matter what she threw at them or how hard she bit them. They RIGHTFULLY saw, it wasn't about them. It was about her, and helping her feel safe. I would consider this testimony a must read for potential adoptive parents, or those who are even in the trenches of adjustment. It will give you hope and help you know that you are not alone. Your child is terrified... Even if it comes off as aggression, it is a response to sheer terror. I so appreciate the care given to share how they dealt with these scenarios. Thanks for the good read, and the laughs along the way. 2 of 2 people found the following review helpful. Insightful look into adoption By penny's from heaven I am far beyond the age of adopting but I admired the humorous out look of Vardalos from her other projects. Her candor about how to talk to expectant parents and those who hope to expect is information everyone can use. Her heartfelt recounting of her personal journey will break your heart but still she injects humor into every chapter of her personal trials. There is a lot of take away information in this book and it is delivered in such a way as only a courageous couple who have been through this can do. We all know people who are struggling to have a family and this book will lend you the tools on how to act or not act around them. An absolute must read. 2 of 2 people found the following review helpful. Loved it! By Bedste What a wonderful, fresh writer. Nia Vardalos writes from the heart. It's like talking to your best friend who will tell you ANYTHING and be true about it. My favorite part, hands down, is Trudy Trouble -- I have retold that story many, many times to family and friends -- it is hysterical and brings a smile to everyone who could use a laugh! The center of the story about her daughter and adopting out of the foster care system is so enlightening and will be inspirational to anyone who is considering fostering and/or adopting. Kids are wonderful. Nia and her husband are wonderful. I am so happy for their family. Cheers Nia!

In *Instant Mom*, Nia Vardalos, writer and star of *My Big Fat Greek Wedding*, tells her hilarious and poignant road-to-parenting story that eventually leads to her daughter and prompts her to become a major advocate for adoption. Moments after Nia Vardalos finds out she has been nominated for an Oscar for the screenplay for *My Big Fat Greek Wedding*, she is alone and en route to a fertility clinic, trying yet again for a chance at motherhood. Vardalos chronicles her attempts to have a baby, and how she tries everything—from drinking jugs of green mud tea, to acupuncture, to working with two surrogates. Finally, she and her husband, actor Ian Gomez, decide to try adoption and discover a free service: Foster Family Agencies. Then one day, the social workers "match" her with an almost-three-year-old girl, who she knows, instantly, is her daughter. With her signature wit and candor, Nia Vardalos reveals what really came next—the truth of how she and her husband transitioned a preschooler into their home. Vardalos opens up about the bawling-tears and belly-laughter that all make up what it means to be...a parent.

From Booklist With her love of family fully on display in *My Big Fat Greek Wedding*, the movie she wrote and starred in, it's no surprise Vardalos had always wanted to be a mother. After 10 agonizing years undergoing fertility treatment, she and her husband looked into adoption, a process with its own ups and downs. Finally, with only 14 hours' notice, Vardalos was the mother of a three-year-old girl. The years enduring the well-meaning inquiries of friends, mean-spirited jibes of insensitive women, and probing of Hollywood reporters were over. Now all she had to figure out was how to mother a preschooler with a very well-developed personality and cope with her own early insecurities about the "match." Vardalos offers candor, humor, and poignancy in her account of adoption and parenthood as she pokes fun at parenting memoirs but delivers on emotional impact. Readers can feel the tension between desire to share her joy and good fortune and wish to maintain her child's privacy. Vardalos, who has become a spokesperson for adoption, offers helpful information on the process as well as encouragement to prospective adoptive parents. --Vanessa Bush "Laugh-out-loud and painful-in-the-shins.... The author holds nothing back as she chronicles the years leading up to the adoption." (Kirkus) "I expected to laugh. I didn't expect to cry. And I certainly didn't expect to laugh and cry on the same page. *Instant Mom* is for anyone whose life plan didn't follow the path they anticipated, and shows us that unexpected obstacles can lead to beautiful rewards." (Rachel Dratch, author of *Girl Walks Into a Bar*) "Funny, smart, and full of grounded wisdom that shines much-needed light on adoption I couldn't stop reading this hilarious and gripping rollercoaster of a story. Nia is an authentic, rocking female role model in so many ways... and being an instant mom is just one of them." (Jewel) An instant classic. Refreshingly candid for all parents-plus anyone considering adoption. (I was adopted!) We know Nia is many things: writer, actress, director, musical theater lover! Here, though, you learn she is a mom first. Pure, beautiful honesty." (Kristin Chenoweth) "Readers can feel the tension between desire to share her joy and good fortune and wish to maintain her child's privacy. Vardalos offers candor, humor, and poignancy in her account of adoption and parenthood as she pokes fun at parenting memoirs but delivers on emotional impact." (Booklist) "If you have ever considered bringing a child who isn't an infant into your family, it's the book you'll want to read. And if you just enjoy a good, honest memoir, it's the book for you, too." (New York Times' Motherlode Blog) From the Back Cover *Instant Mom* is a hilarious and touching memoir, chronicling how Nia Vardalos broke into the film industry, had dinner with the Queen of England, and then, impossibly, found her daughter when she was almost three years old. Even before she was filming *My Big*

Fat Greek Wedding, Vardalos firmly believed she was supposed to be a mother. But as time went by, she realized that modern medicine and Mother Nature had her in a headlock. Suddenly, she made a choice that shocked friends, family, and even herself: with only fourteen hours' notice, she adopted a preschooler. Vardalos is refreshingly candid about what happened next. She wittily explores challenges all new parents face, plus includes a comprehensive how-to-adopt section. Ultimately, Nia Vardalos realizes that "some families are created in different ways, but are still, in every way, a family."