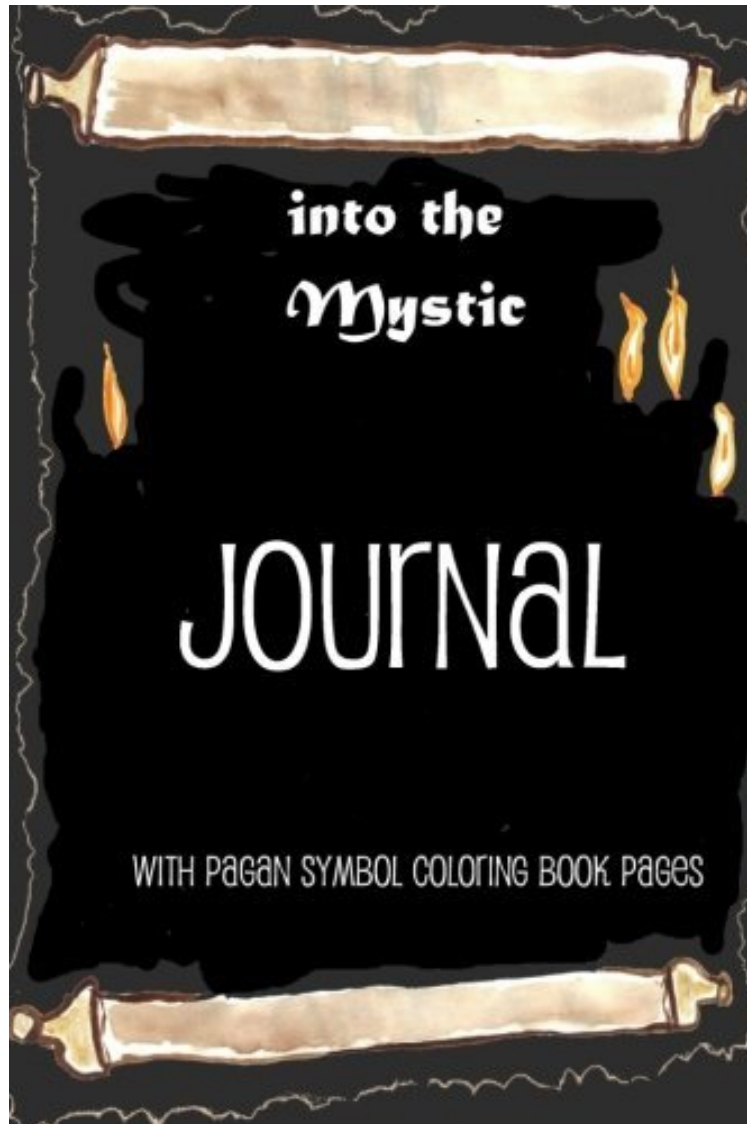


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About the Author The Into the Mystic Journals came to me at four AM, awakening me from a sound sleep. I had been hearing people talking about adult coloring books and at the same time complaining that they were too intricate and as a result had a stressful effect. The idea of combining blank pages for writing and doodling was born with the concept of easy to color symbols and designs scattered throughout the journal. The result is a series of journals with themes of Mandala designs, Pagan symbols, Celtic symbols and finally Soothing images to enjoy as people chronicle their deepest secrets, desires, inspirations and aspirations. Inspiration Import has produced and published several other publications revolving around spirituality and human nature.