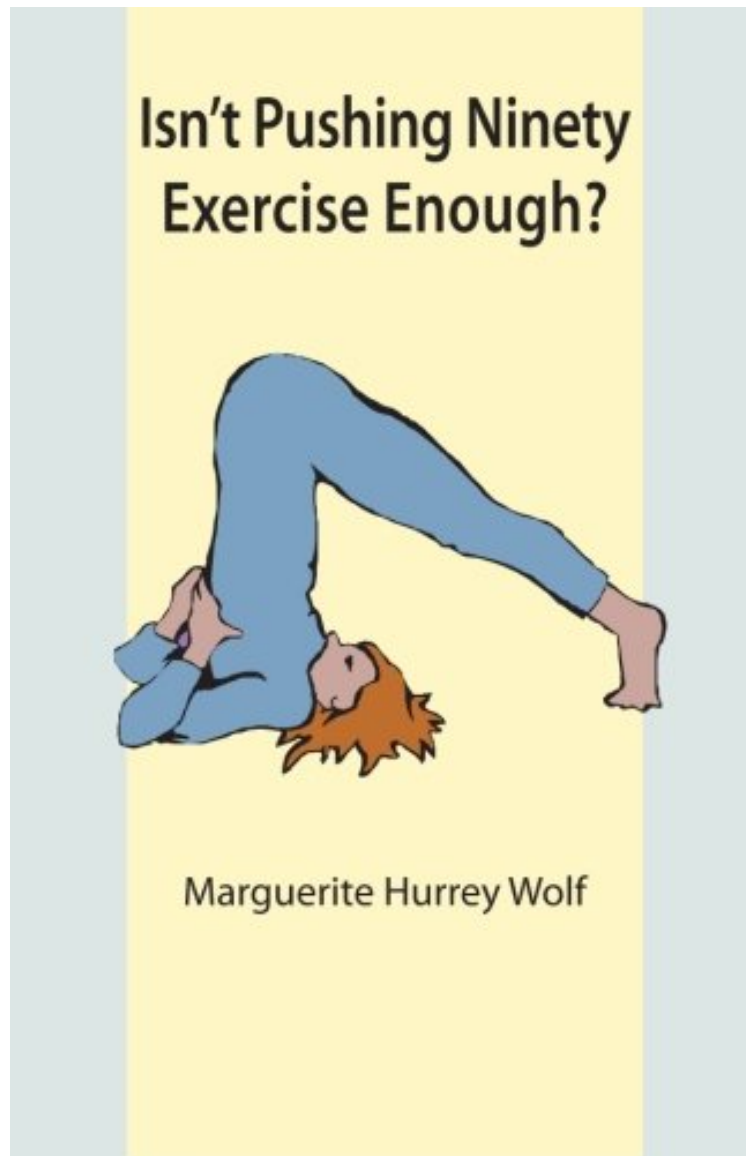


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## Isn't Pushing Ninety Exercise Enough?

*Marguerite Hurrey Wolf*

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Humorous pithy essays about the golden years  
By Patti  
This book was lent to me by my ninety-one-year-old neighbor, who enjoyed it, although she liked the author's other books better. The book is a quick, cute read. Full of light humor, heartfelt sentiment, enjoyment of the present moment and nostalgia for bygone times, the narrative offers a mostly positive message. The author does have a tendency to lose patience with the modern world, which is an attitude I hope to avoid when I'm pushing 90. Better to try to enjoy the changing world, if possible. My neighbor told me the author lived to be 102, so whatever she did in her eighties worked for her.

a humorous collection of thoughts on getting older

About the Author  
Maggie Wolf was born in Montclair New Jersey and graduated from Mt. Holyoke College and the Bank Street College of Education. She moved to Vermont when her husband became Dean of the University of Vermont Medical College. She has written eleven books about country life in Vermont.