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It's All Absolutely Fine: Life Is Complicated So I've Drawn It Instead

Ruby Elliot

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#222622 in Books Elliot Ruby 2017-01-31 2017-01-31Original language:English 8.00 x .90 x 6.60l, .0 #File Name: 144948042X256 pagesIt s All Absolutely Fine Life Is Complicated So I ve Drawn It Instead | File size: 50.Mb

Ruby Elliot : It's All Absolutely Fine: Life Is Complicated So I've Drawn It Instead before purchasing it in order to gage whether or not it would be worth my time, and all praised It's All Absolutely Fine: Life Is Complicated So I've Drawn It Instead:

1 of 1 people found the following review helpful. Simple, but brutally honest drawings with a dose of sharp humor for maximum effect.By Yvo @ It's All About BooksI was immediately intrigued by the promise of a combination of simple drawings and a down-to-earth description of the daily struggles of life with mental illness. It is a topic that has always interested me for various reasons... And It's All Absolutely Fine is without doubt another title to add to my list of favorites talking about mental illness. Why? First of all, I found it really easy to connect to the little stories. Ruby Elliot shows life as it is without trying to hide the ugly parts, and I can really appreciate the sincerity of it all. This

bundle switches between short essays and illustrations that show the reader Ruby's experiences living with social anxiety and the daily struggles of life with mental illness. Simple drawings of sometimes 'simple' situations, but with a huge dose of sharp humor for maximum effect. Ruby Elliot's drawings are sometimes brutally honest, but they always feel 100% real. It's both an entertaining and eye-opening read that will appeal both to anyone interested in the topic and fans of memoirs such as *Furiously Happy*. 0 of 0 people found the following review helpful. Honest and Entertaining Graphic Memoir By Abby Ruby Elliot (known as "Rubyect" on Tumblr, which I would know nothing about, being well past the respectable age for Tumblr) manages to take drawings that resemble the doodles of a drunk kindergartner, combine it with the topic of mental illness, and produce something humorous and charming. Her graphic memoir is an honest look at depression, anxiety, and eating disorders, but the underlying theme of many of her cartoons are often universal. I don't have any diagnosed mental illness, but I could still relate to hating my body sometimes, forgetting what day it is, and wanting to snap off the heads of well-meaning platitude dispensers. There were some cartoons that I honestly didn't get, but most were on-point. 1 of 1 people found the following review helpful. if you struggle with bouts of depression and anxiety and want to see the humorous side of these every day struggles I highly rec By Customer Ruby gets me. hahaha. But in all seriousness, if you struggle with bouts of depression and anxiety and want to see the humorous side of these every day struggles I highly recommend this book. No one can make me laugh about my weird life harder than Ruby Elliot.

"It's her wry, silly sense of humor that keeps the book from getting too heavy, and Elliot displays a sharp wit that goes well with the way her honesty strips her bare." *The A.V. Club* Explore the highs and lows of modern life through the sharp, dark wit of Ruby Elliot—creator of the massively popular Tumblr account, Rubyetc, which has over 210k followers and growing. Ruby's simple drawings of not-so-simple issues capture the humor and melancholy of everyday life. Her comics appeal to both new adults who are beginning to explore these subjects and to battle-tested veterans of the daily struggles of life with mental illness. *It's All Absolutely Fine* is an honest and unapologetic account of day-to-day life as a groaning, crying, laughing sentient potato being for whom things are often absolutely not fine. Through simple, humorous drawings and a few short narratives, the book encompasses everything from mood disorders, anxiety, and issues with body image through to existential conversations with dogs and some unusually articulate birds. Building on Rubyetc's huge online presence, *It's All Absolutely Fine* includes mostly new material, both written and illustrated, and is inspirational, empowering, and entertaining. Hope and tenacity abound in this book that is as heartening as it is hilarious.

"Rubyetc's new book of honest mental health drawings is a MUST-READ" (SparkNotes) "Ruby Elliot's first book is full of dry wit, self-deprecating observations and struggles both universal and deeply personal." (Caitlin Rosberg, *Paste Magazine*) "It's her wry, silly sense of humor that keeps the book from getting too heavy, and Elliot displays a sharp wit that goes well with the way her honesty strips her bare." (*The A.V. Club*) About the Author Ruby Elliot is a twentysomething artist and illustrator; lover of dogs, and hater of kale. She lives in London and draws and writes about sad things in a funny way and vice versa. She has 210,000 devoted blog followers who hang on her every word. Tumblr: [rubyetc.tumblr.com/](https://www.tumblr.com/rubyetc) Facebook: <https://www.facebook.com/rubyetcdrawing/> Twitter: @rubyetc Instagram: @rubyetc_