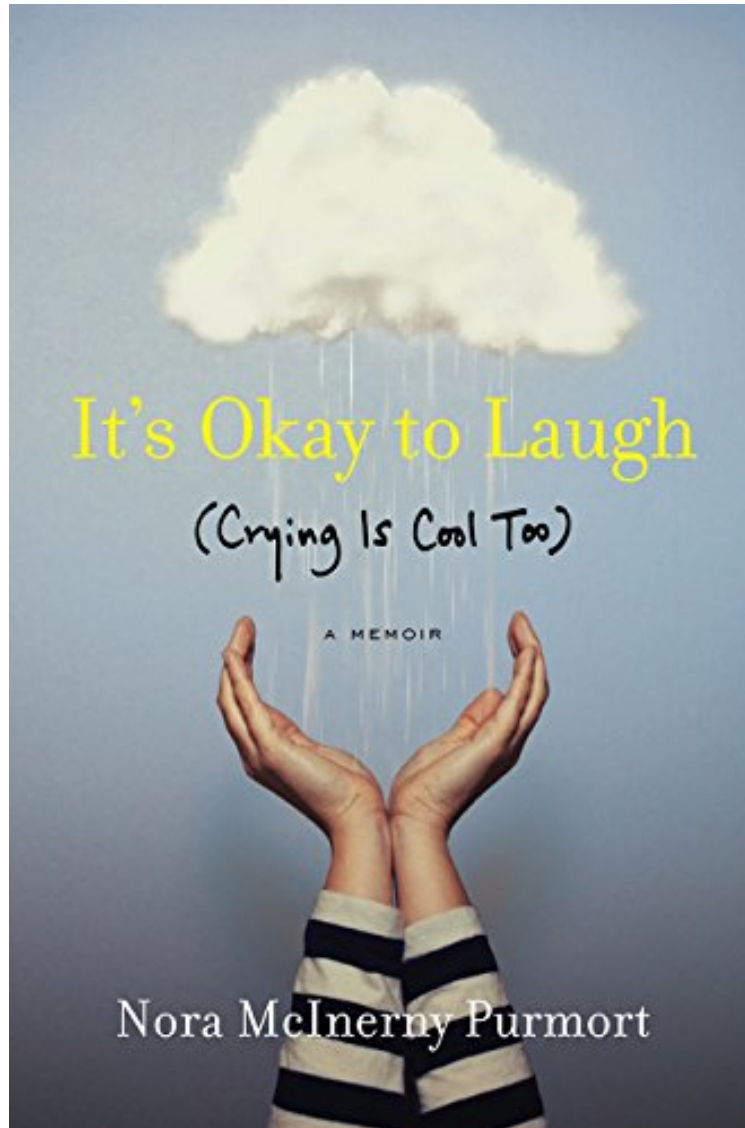


(Free pdf) It's Okay to Laugh: (Crying Is Cool Too)

It's Okay to Laugh: (Crying Is Cool Too)

Nora McInerny Purmort
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#58883 in Books Purmort Nora McInerny 2016-05-24 2016-05-24Original language:EnglishPDF # 1 9.00 x .97 x 6.00l, .0 #File Name: 0062419374288 pagesIt s Okay to Laugh Crying Is Cool Too | File size: 73.Mb

Nora McInerny Purmort : It's Okay to Laugh: (Crying Is Cool Too) before purchasing it in order to gage whether or not it would be worth my time, and all praised It's Okay to Laugh: (Crying Is Cool Too):

2 of 2 people found the following review helpful. Excellent readBy CustomerI've been following Nora's journey since finding her Tumblr blog, the very day her husband died.Nora tackles the hardest of hard things with vulnerability, honesty, and humor. She's an excellent writer. I peeled through the first 100 pages the night it was delivered. I only put it down because I needed to get up for work in the morning.Even if you're not personally dealing with a death, the way

she writes about grief (or parenting or relationships or surviving decisions you made in your early 20s) can be made applicable to handling other tough things. She makes it OK to be human and to feel things and to tell other people what you need. 1 of 1 people found the following review helpful. It is OK to laugh. By Roz S. I'd forgotten ordering this book until I was looking through my piles of unread books for something to read. I'm sorry it took so long to get to it. I loved it. I lost my husband 2 years ago and I could relate to a lot of what she wrote although I'm a lot older than she is. The book had me laughing and crying, sometimes on the same page, as someone else wrote. A lot of the millennial stuff went over my head but I could relate to enough to enjoy the book. 1 of 1 people found the following review helpful. I needed this book and it came at a perfect time. Nora's self-deprecating humor and realness make her ... By Cari MI needed this book and it came at a perfect time. Nora's self-deprecating humor and realness make her writing compelling and relateable. Like she says, grief doesn't have to be the "bummer Olympics" where you try to best someone else's hard time - hard times are hard for everyone regardless of what you're experiencing. You'll laugh, you'll cry, you'll download her Podcast for more (it's called "Terrible, thanks for asking").

"This story will compel you to both laugh and cry, just as the title promises. May we all bring Nora's honesty, passion and hope to our lives." — Lena Dunham comedy = tragedy + time/rose Twenty-seven-year-old Nora McInerny Purmort bounced from boyfriend to dopey "boyfriend" until she met Aaron—a charismatic art director and comic-book nerd who once made Nora laugh so hard she pulled a muscle. When Aaron was diagnosed with a rare form of brain cancer, they refused to let it limit their love. They got engaged on Aaron's hospital bed and had a baby boy while he was on chemo. In the period that followed, Nora and Aaron packed fifty years of marriage into the three they got, spending their time on what really matters: Buffy the Vampire Slayer, each other, and Beyoncé. A few months later, Aaron died in Nora's arms. The obituary they wrote during Aaron's hospice care revealing his true identity as Spider-Man touched the nation. With It's Okay to Laugh, Nora puts a young, fresh twist on the subjects of mortality and resilience. What does it actually mean to live your "one wild and precious life" to the fullest? How can a joyful marriage contain more sickness than health? How do you keep going when life kicks you in the junk? In this deeply felt and deeply funny memoir, Nora gives her readers a true gift—permission to struggle, permission to laugh, permission to tell the truth and know that everything will be okay. It's Okay to Laugh is a love letter to life, in all its messy glory; it reads like a conversation with a close friend, and leaves a trail of glitter in its wake. This book is for people who have been through some shit. This is for people who aren't sure if they're saying or doing the right thing (you're not, but nobody is). This is for people who had their life turned upside down and just learned to live that way. For people who have laughed at a funeral or cried in a grocery store. This is for everyone who wondered what exactly they're supposed to be doing with their one wild and precious life. I don't actually have the answer, but if you find out, will you text me?

"This story will compel you to both laugh and cry, just as the title promises. May we all bring Nora's honesty, passion and hope to our lives." (Lena Dunham) "An emotional rollercoaster of the highest order... It's Okay to Laugh is that rare gem of a read, equal parts heartwarming and hysterical, that'll make you laugh out loud, only to leave you tearing up a few pages later. I can't recommend it highly enough." (Lincoln Thompson, BuzzFeed) "Deeply moving yet refreshingly funny" (PopSugar) "This gorgeous and insightful memoir holds up the lens to mortality and leaves us with a reminder to make every moment count and value what is truly precious: time-and laughter." (Refinery29) "It's Okay to Laugh is... an unapologetic tale of heartbreak and loss that is devoid of platitudes. I found myself laughing through my tears, but that's the real experience of profound morning, and she nails it." (Rebecca Soffer, writer, Modern Loss co-founder) "Nora is Anne Lamott for the emoji generation... one of the best books you'll read this year." (MSP Magazine) "A natural storyteller, Nora's words will make you laugh and cry all in the same paragraph. She transforms what would be a heart-breaking memoir into a life-affirming anthem." (David Gallaher, author of The Only Living Boy Series) "It is funny, and it is sad, and it is real, and if you've ever been through anything in your life... you are going to love this book." (Jennifer Weiner, New York Times Bestselling author of Who Do You Love) From the Back Cover comedy = tragedy + time/rose Twenty-seven-year-old Nora McInerny Purmort bounced from boyfriend to dopey "boyfriend" until she met Aaron—a charismatic art director and comic-book nerd who once made Nora laugh so hard she pulled a muscle. When Aaron was diagnosed with a rare form of brain cancer, they refused to let it limit their love. They got engaged on Aaron's hospital bed and had a baby boy while he was on chemo. In the period that followed, Nora and Aaron packed fifty years of marriage into the three they got, spending their time on what really matters: Buffy the Vampire Slayer, each other, and Beyoncé. A few months later, Aaron died in Nora's arms. The obituary they wrote during Aaron's hospice care revealing his true identity as Spider-Man touched the nation. With It's Okay to Laugh, Nora puts a young, fresh twist on the subjects of mortality and resilience. What does it actually mean to live your "one wild and precious life" to the fullest? How can a joyful marriage contain more sickness than health? How do you keep going when life kicks you in the junk? In this deeply felt and deeply funny memoir, Nora gives her readers a true gift—permission to struggle, permission to laugh, permission to tell the truth and know that everything will be okay. It's Okay to Laugh is a love letter to life, in all its messy glory; it reads like a conversation with a close friend,

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About the Author
Nora McInerney Purmort was voted Most Humorous by the Annunciation Catholic School Class of 1998. It was mostly downhill after that, but she did get to spend three glorious years married to Aaron Joseph Purmort (aka Spider-Man). Her work has appeared on TIME, Cosmopolitan.com, Elle.com, the Huffington Post, BuzzFeed, Slate, and in the Star Tribune. She lives in Minneapolis, Minnesota, with her son, Ralph. They really like it there.