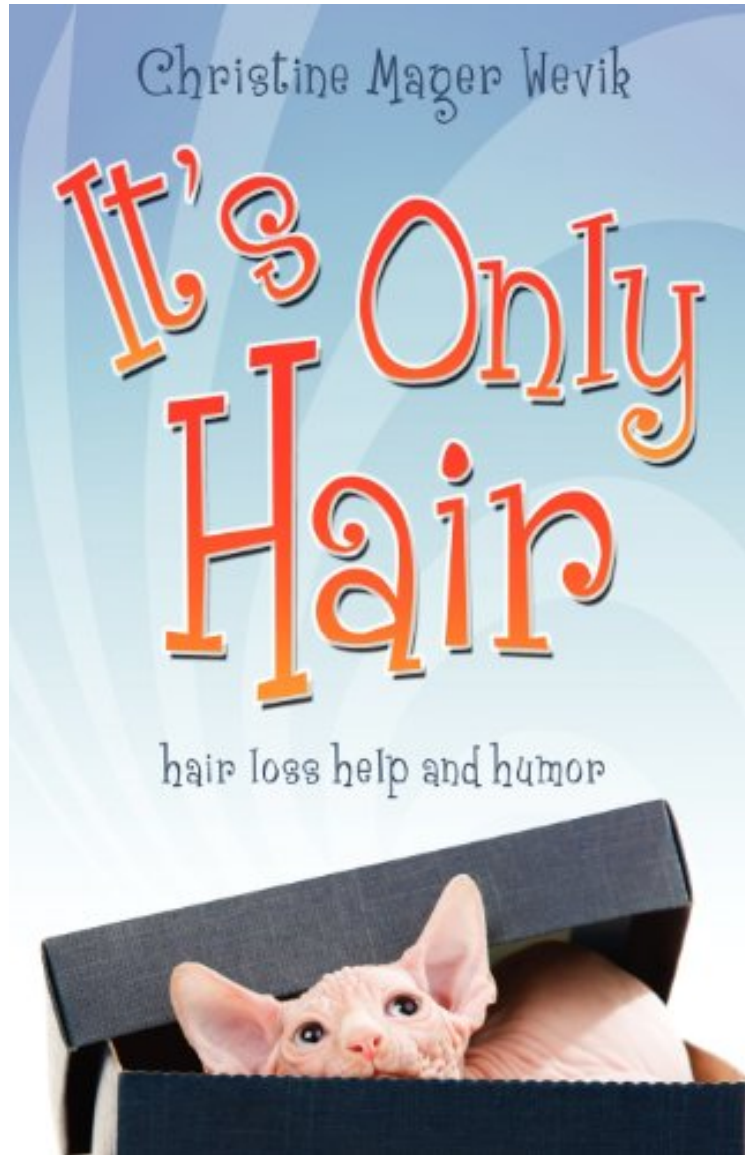


[Download] It's Only Hair: Hair Loss Help and Humor

It's Only Hair: Hair Loss Help and Humor

Christine Mager Wevik

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Christine Mager Wevik : It's Only Hair: Hair Loss Help and Humor before purchasing it in order to gage whether or not it would be worth my time, and all praised It's Only Hair: Hair Loss Help and Humor:

1 of 1 people found the following review helpful. Thanks ChristineBy Ram3236Dear Christine,You have saved me thousands of dollars on stuff that does not work. The world of Alopecia is new to me. I lost all the hair on the top of my head in a matter of three weeks. As my hair was down to my butt it made a comb over not possible. Your humor and your faith in God made me see my losing my hair in a different light. It is grow, very slowly. I had my son shave

off the rest so I would have a complete head of hair when it came back but in the mean time I am having a ball with the wigs. A different look each day. After reading your book I found so many wonderful ways to look like I have hair. Do-rags, hats, and wigs. I have a husband like yours. It does make life a little easier. I know your husband stood by your side. 1 of 1 people found the following review helpful. Love love love!! By Kindle Customer I would recommend this book to anyone, whether struggling with hair loss or not. It's positive vibe draws you in. My grandmother survived breast cancer but lost her hair in the process, this book made it easier to relate to her battle and understand how much the hair loss impacted her. 1 of 1 people found the following review helpful. A very open and honest, warm and funny, truthful and informative book! By Terri Frank I have known Chris for several years...she is a smart, funny, compassionate, and obviously talented individual. This book reflects all of those qualities in her. It is a very open and honest, warm and funny, truthful and informative book. For anyone with hair loss or who knows of someone with hair loss, or is just curious about people living with hair loss, this is a must read.

Have you ever had the nightmare where you're bald? Where you discover that there is not even one hair left on your head, it's smooth and shiny like a pretty, new car? The one where you look like a Martian, or some poor shlub on a sitcom who just lost their hair from a bad perm or a practical joke gone bad? Oh, wait. That's not a nightmare-that's real! You ARE bald (or going bald). Maybe you still have some hair left, in which case, you think you look like a newly-hatched buzzard chick (and where's that shell??). Regardless of the cause or degree of your hair loss, *It's Only Hair* is a humorous self-help book that covers it all. This book deals with the clinical aspects, such as causes and treatments of all types of hair loss including alopecia, chemotherapy-related hair loss, and male and female pattern baldness, but more importantly, the psychological impact it has on bald and balding individuals. Written by a true Alopecian, Christine Mager Wevik, *It's Only Hair* has a personal, insightful, and uplifting, if not brazenly honest approach to coping with The Shiny Head Syndrome: humor. "Laugh and the world laughs with you; weep and you weep alone." (Ella Wheeler Wilcox, 1883) Look-we all know how endorphins work...okay, maybe we don't. We just know that laughing feels good, and we forget that we have a choice in how we feel. Choose happiness-it's more fun!