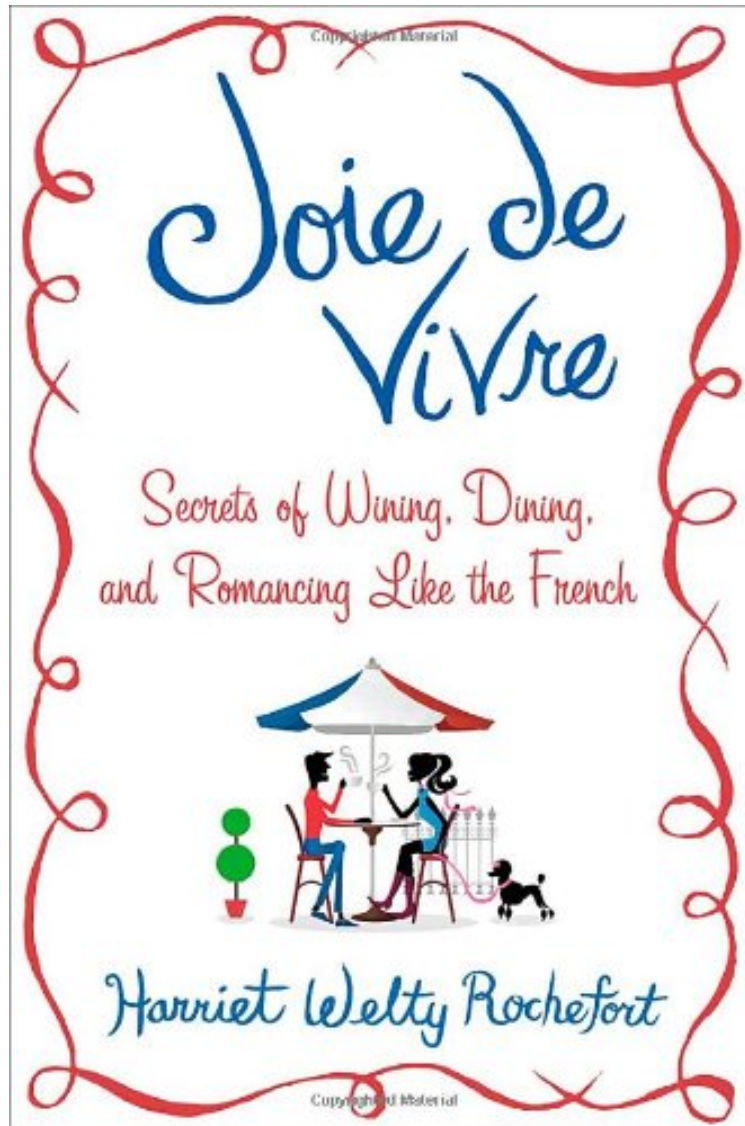


(Download pdf) Joie de Vivre: Secrets of Wining, Dining, and Romancing Like the French

Joie de Vivre: Secrets of Wining, Dining, and Romancing Like the French

Harriet Welty Rochefort

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Harriet Welty Rochefort : Joie de Vivre: Secrets of Wining, Dining, and Romancing Like the French before purchasing it in order to gauge whether or not it would be worth my time, and all praised Joie de Vivre: Secrets of Wining, Dining, and Romancing Like the French:

3 of 3 people found the following review helpful. Joie de Vivre exceeds all expectations By TARP Joie de Vivre Joie de Vivre: Secrets of Wining, Dining, and Romancing Like the French appears to be written mostly for les juene filles but

reading as a man, I enjoyed it immensely. The author's descriptions bring France - especially Paris - into living color. I could see les parisiennes, with their glorious Hermes scarves and their CFM heels dance off the page and sit at a table next to me as I enjoyed my cafe au lait. The author has obviously led a magic life in France and she shares the bounty of it with us. If you've been to France and want to channel the experience or are just wanting to go, I recommend this book highly - I read it on my Kindle, but have ordered two hard backs as Christmas presents. Excuse me while I go out and buy a wheel of properly ripe Camembert and a baguette.

2 of 2 people found the following review helpful. *Joie de vivre* full of joy and wisdom. By *barbf* This is the third book I've read by Harriet Welty Rochefort and each one gets better than the last. I hated for it to end!! Harriet Rochefort writes with clarity, humor and wisdom about her forty years as a Midwesterner living and raising a family in France. Her very Parisian husband often adds his wit and wisdom interview style at the end of a chapter. Even if one is not a Francophile, he or she could appreciate how Harriet writes frankly about the pros and cons of life in France for an American, although she now is also a French citizen. She is as proud of her small town Midwest America upbringing as she is of her wonderful, never dull life in France. I've learned so much from her books and can't wait until her next one is written!! This is a must read for anyone who wonders what life in France is really like.

10 of 11 people found the following review helpful. *The Larousse of French Culture* By Jenny C. Drews After reading this book I ordered 3 extra copies to give to friends. For anyone interested in anything having to do with France, you **MUST READ THIS BOOK!** It is the culmination of 40 years of a personal journey - keen observation, analysis, and attempts to assimilate into a French family by a young American woman who goes to France after college and marries a Parisian. While her first book, *French Toast*, is a more light hearted description of her adaptation process, this latest book, *Joie de Vivre*, completes a trilogy of her experiences with EVERYTHING French - politics, opinions and how the French express them, food, fashion, education, medicine, social life, family life - you name it. It's a veritable Larousse on anything any curious person would ever want to know (and more) on the French. As I neared the end of the book I started thinking that it is really a love story, as the author's admiration and appreciation of her husband and his country jumps out at you on nearly every page. Her ease and sincerity in relating personal experiences and observations make easy to read short chapters on every imaginable topic that will give the reader a better understanding not only of the French, but of Americans as well. A delightful book!

An engaging exploration of the style that permeates all things French?perfect for anyone looking to achieve that classic French flair. For Harriet Welty Rochefort, an American who has lived in France for many years with her very French husband, it's clear that the French truly are singular in the way they live, act, and think?from the lightness of their pastries to the refinement of their Hermes scarves. They simply exude a certain *je ne sais quoi* that is a veritable art form. The French revel in the moment, appreciate the time spent in preparing a perfect feast, pay attention to the slightest detail--whether flowers on the table or a knockout accessory on a simple outfit--and work hard when not enjoying their (considerable) leisure time without an ounce of guilt. Their *joie de vivre* can come where you least expect it: for the French it's better to have a *chagrin d'amour* than no amour at all, and for the Frenchman a day without discord is a day without a kick. They have fun (yes, fun !) when they fuss and feud, squabble and shrug. When it comes to *joie de vivre*, Harriet is convinced the French are unbeatable. With good humor and genuine affection for the prickly, paradoxical, and pleasure-seeking Gauls, she takes the reader on her own personal journey through the often byzantine French mindset, sharing tips and tricks such as how to diet like a Frenchwoman and project confidence like a true Parisienne. In her signature warm, witty, and entertaining voice, Harriet shows how *joie de vivre* permeates the French way of life, precisely because it doesn't include a "pursuit of happiness." Fortunately, she discovered, you don't have to "pursue" happiness in France. It pursues you.