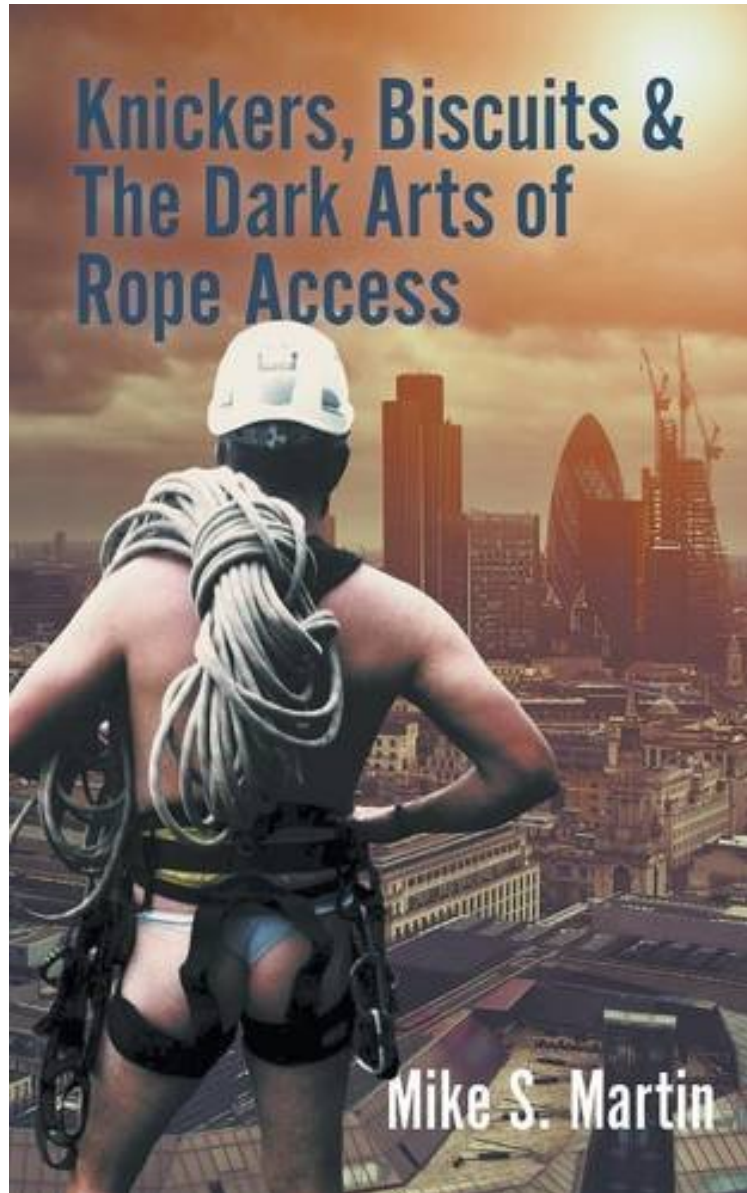


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12 years ago Mike Martin quit his job as a Postman to become a Rope Access Technician. He has now spent over a decade on a chaotic and emotional rollercoaster ride that is being an Industrial abseiler, working on some of the most iconic buildings and structures in Britain. While doing this exhilarating job he has worked with some of the most unique, strange and just damn right crazy people you're ever likely to meet. This book has it all! The outrageous funny stories, the adrenalin rushes, the drunken debauchery, the fear, the deaths, the sadness, the depression and camaraderie that bonds these people and yet makes them all very different. Make a brew, close the curtains, strap yourself in and take a very deep breath because this book is a fantastic and exhilarating insight into one of the most diverse industries a career advisor will never tell you to pursue.