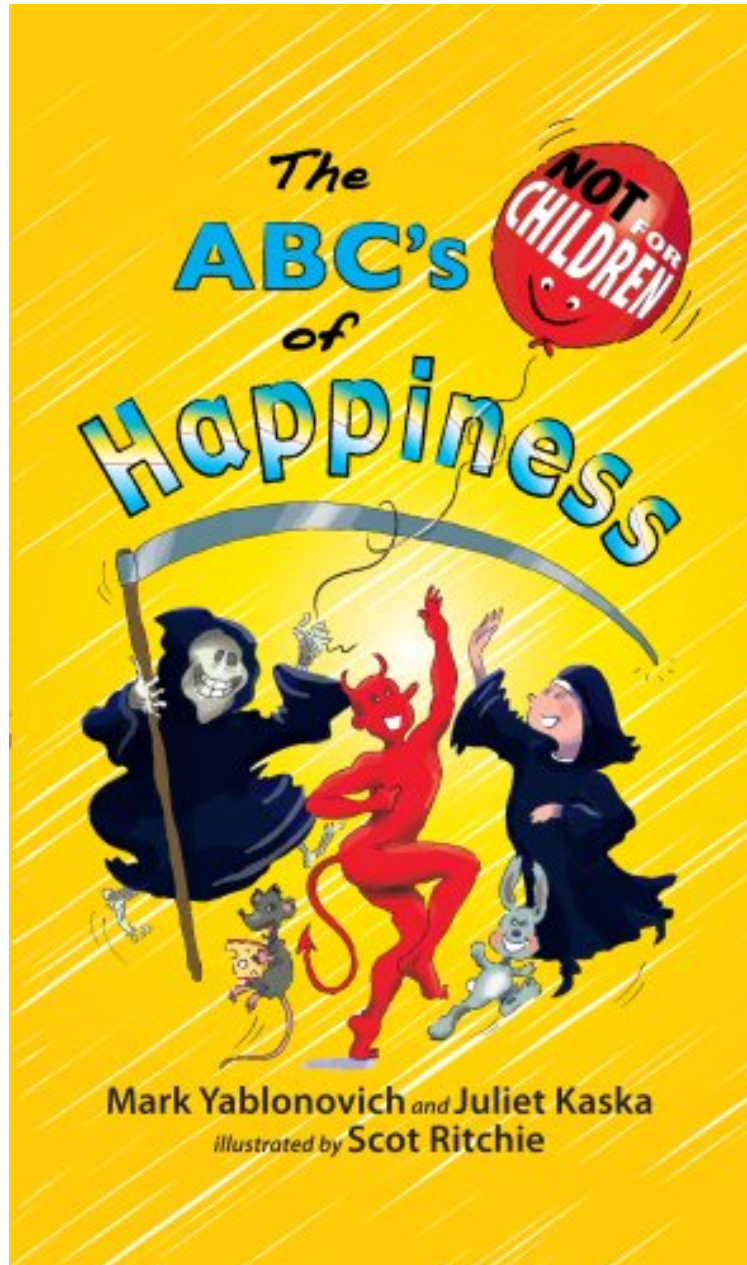


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## The ABC's of Happiness: Not for Children (The humor gift book)

Mark Yablonovich, Juliet Kaska  
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**Mark Yablonovich, Juliet Kaska : The ABC's of Happiness: Not for Children (The humor gift book)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The ABC's of Happiness: Not for Children (The humor gift book):

1 of 1 people found the following review helpful. Happiness!By Santa MonicaHysterical. The jokes and illustrations are maybe deceptively silly. In with the raunchy jokes is actually some good advice. A great book for someone who isn't into overwrought self-help books like the Secret, but wants their "self help" with a dash of salt humor.1 of 2 people found the following review helpful. WHO is reviewing this BOOK? its... so awfulBy krang2I guess I'm a dolt, but not enough so to like this book. I should have known that its a 20pg-er and it's says its a humor book.No one who reads will like this book at any level. Who are these 22 people? This is a collection of bad comic strips for god's sake. Ur-Anus jokes? Is that a bong they tried to draw? Neither jokes nor drawing are their strong suits.I let my dad's love of self help books totally cloud my judgment on buying a gift here. Do the the humorless comics not distract anyone from trying to write in this thing?Wow, I guess it has a target audience. Sry 2 b blunt...1 of 1 people found the following review helpful. really funny, cute n wackyBy K. J. Goldingpicked up copy of this book as gift for a friend, after seeing few sample copies displayed at new book table at a book fair in nyc, (sorry , altho when u have them in stock, am going to pick up a bunch of copies as gifts for christmas.i read it fast, cause it s quick read and found myself at times belly laughing cracking up. its a hoot, had me cracking up. sweetly written, the illustrations are well done n nutty. it's for sure a bit off the center. but even when being funny n sardonic, the point is made. happiness is there for all of us, especially if we can laugh at the sometimes insanity and craziness of life. i'm not sure who's actually going to take it serious enough to sit down n do the exercises, cause for me and to the friend i gave it, it was just a goofy way to spend some time and reflect on the funny things about life all around us, and how we cna be happy i guess. def would make a good gift for those with a sense of humour. or maybe esp for those who don't, and are miserable. if they can't enjoy this and smile, they must be doomed to being always on the bummer train.

"One of the funniest and most practical self-help books ever written. A perfect gift!"

About the AuthorJuliet Kaska is one of the nation's premiere fitness experts, having been featured or contributed to The Dr. Phil Show, Good Morning America, Vogue, US Weekly and more. She is the fitness expert on NBC's Extra and the owner of Emerson Hall Fitness. Mark Yablonovich is a graduate of Harvard Law School and founder of one of California's top class action law firms. He now devotes most of his time to teaching meditation to the public and in large organizations. Scot Ritchie is an award-winning illustrator who has illustrated 40 books, 7 of which he also wrote. His books have been translated into Korean, Dutch, French and Polish.