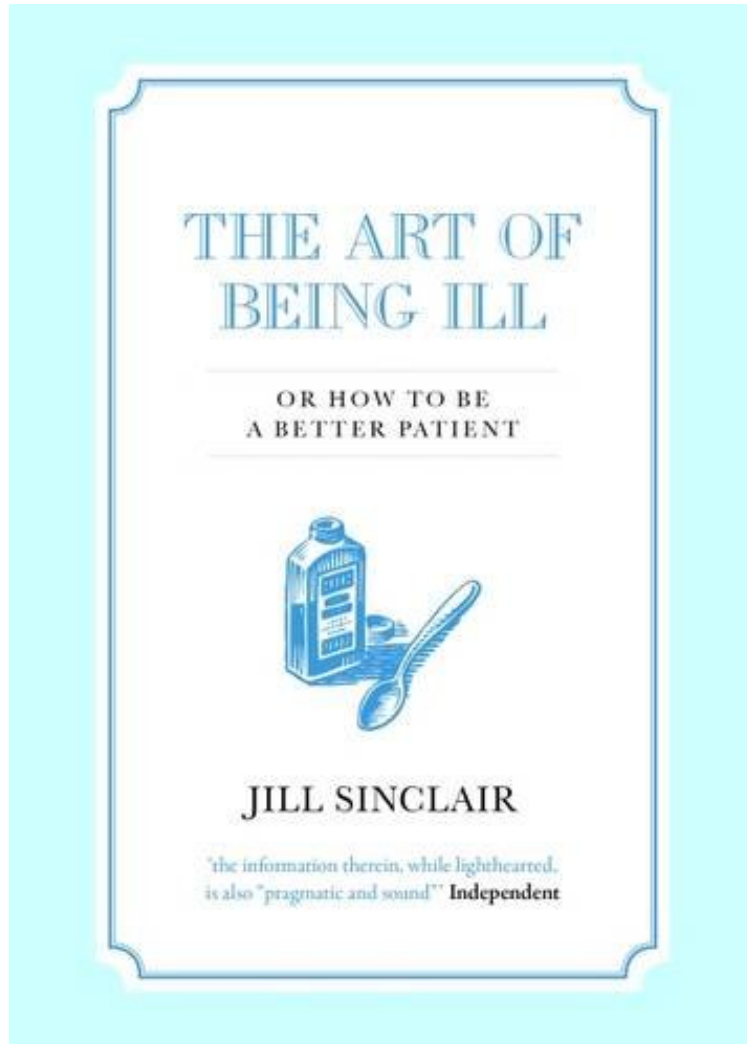


(Free) The Art of Being Ill

The Art of Being Ill

Jill Sinclair

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Jill Sinclair : The Art of Being Ill before purchasing it in order to gage whether or not it would be worth my time, and all praised The Art of Being Ill:

A wry and highly practical look at the forgotten art of being ill, with retro illustrations and plenty of tried, tested, and forgotten remedies of older generations Have you ever worried that you're doing a poor job of feeling poorly? Have you despaired that you're failing in your ailing? Have you felt you're missing out on TLC? You're not alone—it seems that most people these days just don't know how to make the most of being ill. In a society where there is a pill to cure more or less everything, this how-to guide will teach readers about the subtle art of being an invalid. It covers age-old

remedies for common maladies, all but forgotten treatments, and the vital preparations that should be made to make being bed-ridden as comfortable and productive as possible. At times practical and at times hilarious, this is an always-honest instruction manual for those who are truly terrible at being ill.