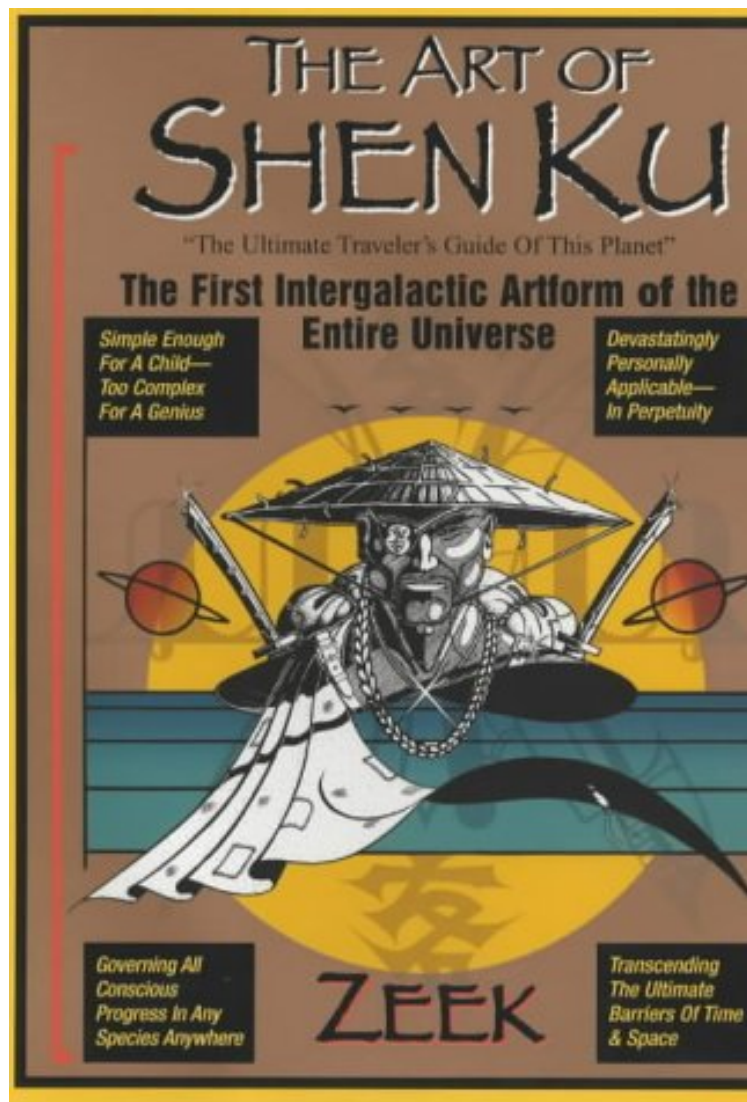


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The Art of Shen Ku: "The Ultimate Traveler"s Guide to This Planet" - The First Intergalactic Artform of the Entire Universe

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1 of 1 people found the following review helpful. The best Intergalactic Survival Book I have read.By NemoThe Art

of Shen Ku is an excellent survival travel guide. It contains many pieces of helpful advice that would help a traveler anywhere in the world and possibly even beyond. While the information is a little dated and the book is a little large to take up space in a traveler's bag, it more than makes up for those shortcomings with the beautiful artwork. It is absolutely worth the space-loss to carry this book. Besides the helpful advice it is a treasure trove of interesting facts that even when not in a survival situation could definitely save you from boredom. 1 of 1 people found the following review helpful. Good book for the bedside, bathroom, coffee table, medical library, survivalist, traveler... etc etc etc... By Triple One This book will get you further than a college education. It is like the vinyl-record version of a cerebral-chip-implant education on the subject of EVERYTHING. And if you're getting a college education, this book will help you too. Yes, even you. Everyone who can read can use this book, and that's not an exaggeration. People who can't read will be entertained by it. Especially little people. But big people will too. It's pretty fantastically comprehensive, the Art of Shen Ku... and I challenge you to think of a subject it on which it doesn't have something useful to say. I have had it for years, and almost everyone who picks it up asks to borrow it. Need to learn to swim? Sharpen a knife? Dress a wound? Tie a knot? Wondering how to get stronger? Healthier? (censored?) Looking for food? Water? Something to take away that burning itch...? Perhaps you'd like to meet someone? Cook them a delicious meal? Tired of bullies? Acne? Mosquitoes? Not being able to meditate? If you answered "No," to all of the above questions, please write us all a book. The rest of you, this is the book. 1 of 1 people found the following review helpful. The Art of Shen Ku By Mountain Fighter Interesting book, has some good useful material and some fluffy and useless overly complicated material. His original track was to make something universal and simple, he started to get complicated with some of his information and missed simple truths of some of the information listed. Author could have spent more time the use of herbs for healing, he was on the right track but went short on the information. Overall something to read for entertainment.

What is Shen Ku? Roughly translated: "Pure Traveler" or "Phantom Passenger." What exactly is the "art of...?" Mastering the skill and knowledge of practically everything anyone comes across while on Earth, including: * Tying knots and enhancing sex * Numerology and self hypnosis * Herbal therapy and forecasting weather * Curing nosebleeds and removing stains * Kung fu and magic tricks * Isometric and breathing exercises of monks * Self defense and catching fish And this is only the beginning. Irreverent and quirky, serious and 100% straightforward, The Art of Shen Ku explores hundreds of topics from a broad spectrum of life situations, and gives ingeniously simple advice on how to cope with them, overcome them, use them, and benefit from them.

"One amazing book...intensely practical. Offering awesome crash courses in everything from joke telling to acupuncture...if you are a traveler in life, this book is for you. If you have anybody who needs an awe-inspiring present, then this book is for you. In short, buy it!" The Travel and Leisure Magazine About the Author Zeek is the pen name of Steve Dolby, a native of England, who ventured around the world in a handmade sailing cutter. His travels took him to many corners of the globe where he gathered the wisdom which he compiled for this book.