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The Colour of Fear: Adult Colouring Book

K. O Reilly

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K. O Reilly : The Colour of Fear: Adult Colouring Book before purchasing it in order to gage whether or not it would be worth my time, and all praised The Colour of Fear: Adult Colouring Book:

Adult colouring books are becoming increasingly popular with many people who wish to take a little time to create something that they perhaps haven't made since they were a child. They are known to help with things such as concentration and are proven to relieve stress and anxiety, making them an ever more important tool in today's frenetic world. One theory on the popularity surge of these books is that they can be looked at on an e-platform, permitting any potential buyers to be free of awkwardness that they might otherwise feel in a traditional book store. And in this latest edition to the growing trend, you can find a variety of horror characters, including clowns, skeletons and the popular zombie to colour and enjoy. With 28 ready-to-colour drawings with detailed designs, you will find

hours of pleasure in this simple and rewarding past-time.